

# Information Sheet

## Home Care after Waxing



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- ✦ Wear loose clothing, particularly undergarments near the bikini line and underarm to avoid friction and irritation.
- ✦ Do not re-apply stockings after leg and bikini line treatments as the stocking may carry bacteria which could infect the follicles.
- ✦ Do not sunbathe for 24 hours as the skin will be sensitive and hyperpigmentation may occur.
- ✦ Do not swim for 24 hours as salt water and chlorine will sting the skin.
- ✦ Do not use deodorant under the arms or skin perfumes for 24 hours because the ingredients may set up and reaction.
- ✦ Do not use makeup for 4-12 hours.
- ✦ Do not have a hot bath for a few hours, only lukewarm water. Do not use soap as this could irritate the skin.
- ✦ Do not loofah or exfoliate for 2 days, and then not hard.
- ✦ Moisturise after showering but do not use perfumed lotions.
- ✦ Avoid activities which may cause heavy perspiration.
- ✦ Avoid sand as it may contain bacteria.

We recommend a return visit for:

- ✦ Legs in 2-3 weeks (for shavers) & 4-6 weeks (regular waxers)
- ✦ Underarm & pubic area in 3-4 weeks
- ✦ Face in 3-4 weeks

*We look forward to welcoming you to Skin Focus Beauty Spa again soon!!*